SAMPLE EMPLOYER REPORT

What your report looks like

Every S.A.F.E.L.Y. on SITE client gets a report like this one. It is generated from the sessions run on your site — not written up afterwards.

WHAT IT SHOWS YOU

- Where your crew is actually carrying strain, by body region, ranked
- Whether wellbeing measures are moving over the course of the programme
- Days off and days on restricted duties, as reported on site
- Plain-English explanation under every chart — no jargon, no decoding
- Practical changes you can make on site, drawn from your own findings

About the numbers in this document. The pages that follow use fictional data for a made-up company, so we can show you the full report without exposing a real client. They illustrate the format and the depth of reporting. They are not a case study, and nothing here is a claim about results your site would get. Your report will show your own figures, whatever they turn out to be.

Reports & Analytics

Wellbeing trends, body region data, and workforce insights

Northland Timber Processing Ltd — report generated 2026-09-05

37	37
Total Sessions	Completed

6.1	5.6
Avg Fatigue	Avg Stress

8
Regions Affected

Report Summary

Plain-English overview of this reporting period

37 sessions have been recorded for Northland Timber Processing Ltd between 2026-03-12 and 2026-08-13, 37 of which are complete, across 8 workers. There is now enough data to read patterns rather than one-off readings.

RECORDED IMPACT

Recorded impact for this period: 24 days of absence were reported across 37 sessions; 23 days on restricted or light duties; pain scores were taken before and after 37 sessions, with an average change of 2.9 points and 37 of 37 showing a reduction by the end of the session; 5 workers reported seeking other treatment between visits; 2 ACC claims were reported as lodged. These are the figures reported to the practitioner on site, not verified payroll or ACC records — read them alongside your own absence data. They are presented as what was recorded during the programme; no claim is made here about what would have happened otherwise.

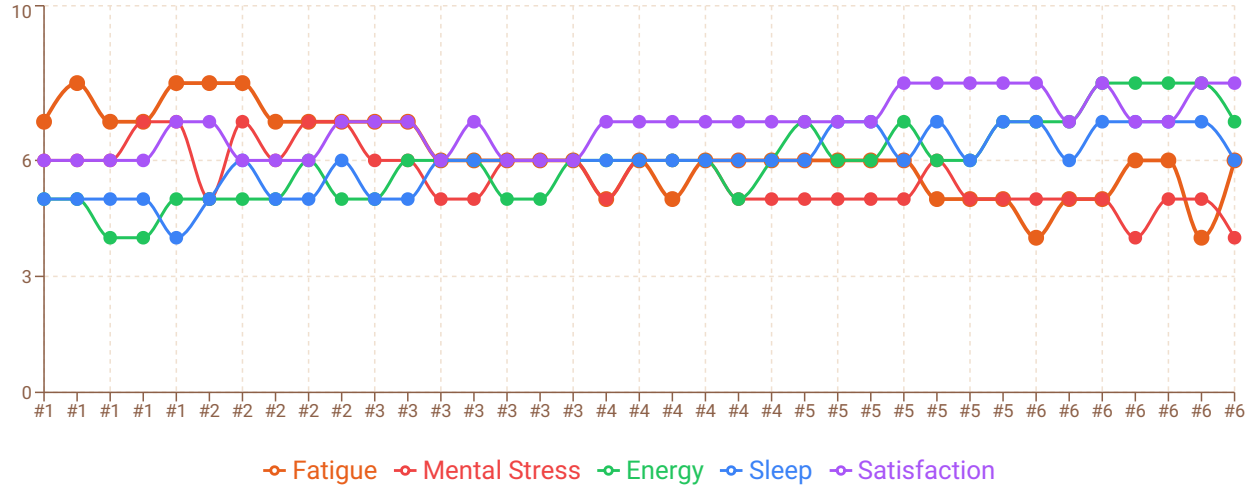
Suggested Actions On Site

Drawn from the findings in this report — practical changes an employer can make

1. Lower Back — raising loads off floor level, adding lifting aids, and rotating tasks.
2. Shoulders — adding mechanical lifting aids for above-chest work and rotating overhead tasks.
3. Hips / Glutes — varying posture between sitting and standing and reviewing seat setup.
4. Upper Back — reviewing bench and workstation heights and building in movement breaks.
5. Knees — kneeling pads, anti-fatigue matting, and reducing time on hard surfaces.
6. Head / Neck — reviewing screen and mirror heights and rotating head-down tasks.

Wellbeing Trends — Northland Timber Processing Ltd

Fatigue, stress, energy & sleep over time

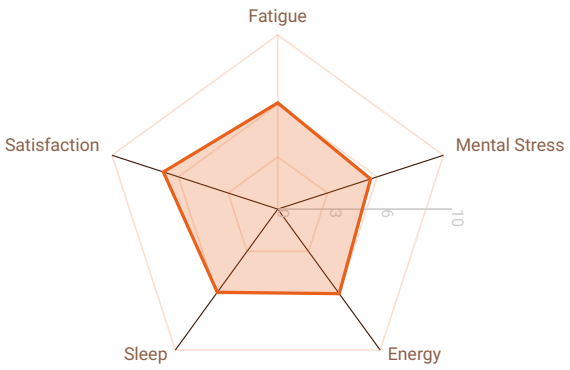


WHAT THIS MEANS

Across the completed sessions, fatigue averaged 6.1 on a 1–10 self-rated scale, mental stress averaged 5.6, energy averaged 6, sleep quality averaged 5.9. Fatigue ratings have fallen by 2 points across the period, meaning workers are reporting themselves less tired than when the programme started. Job satisfaction averaged 6.9.

Wellbeing Profile

Average across all sessions

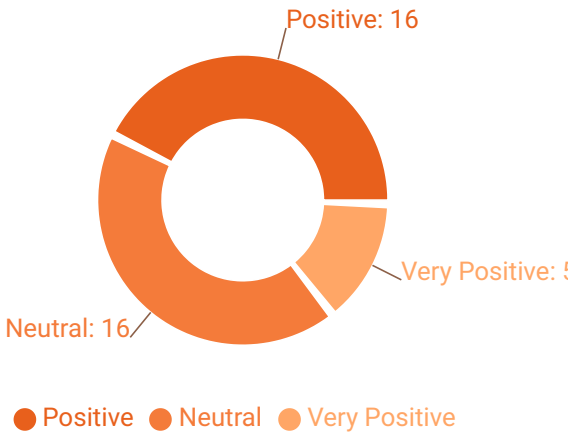


WHAT THIS MEANS

This shape is the crew's average across every session, so it shows where the workforce sits overall rather than how it is trending. The weakest area is fatigue. Remember fatigue and mental stress read in reverse: on those two, lower is better.

Work Attitude Distribution

Across all sessions

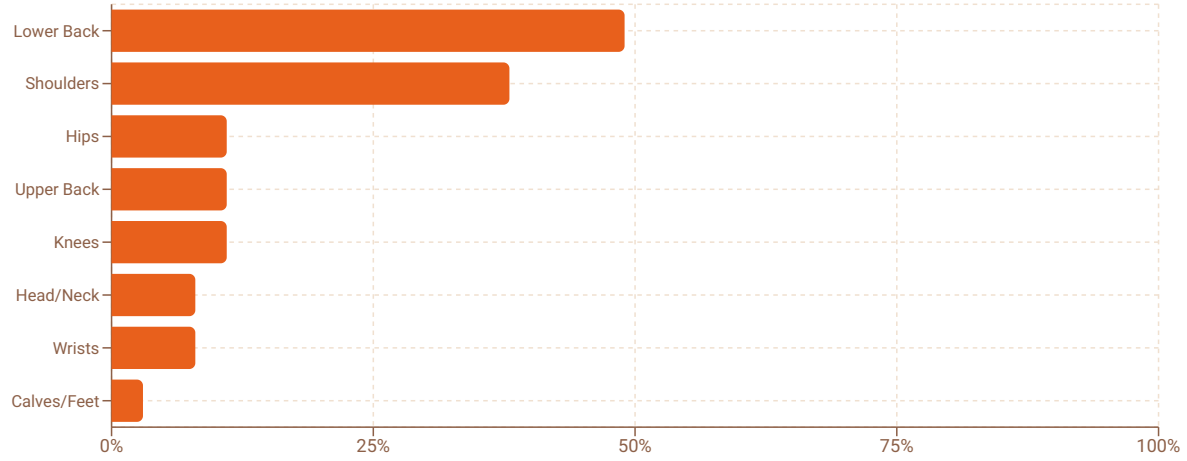


WHAT THIS MEANS

Work attitude was recorded in 37 sessions, most commonly as positive. 57% of those readings were positive or very positive, with none negative. Attitude is a self-reported measure taken on site, so it reflects how the crew described their day rather than a formal engagement survey.

Body Region Frequency — Northland Timber Processing Ltd

% of sessions where each region was affected

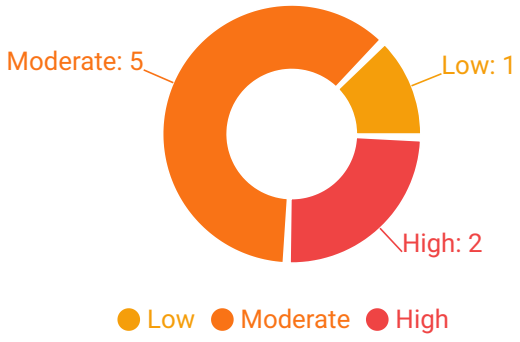


WHAT THIS MEANS

Findings were recorded across 8 body regions. The most frequently affected was the lower back, noted in 49% of sessions (18 findings), at moderate average severity. Next most common were the shoulders (38%) and hips / glutes (11%). A region appearing repeatedly across different workers points to something in the work itself rather than to any one individual, which is where the useful fixes are. 2 regions are sitting at high average severity and warrant attention first.

Severity Distribution

Average severity across regions



WHAT THIS MEANS

Of the 8 regions with findings, 2 sit at high average severity, 5 at moderate and 1 at low. Severity here is the practitioner's assessment on the day, averaged across visits. A profile weighted towards low and moderate is what an active programme is aiming for: issues being picked up while they are still discomfort rather than damage.

Region Detail

MODERATE **Lower Back** P:6 T:6 N:6

Lower Back: recorded in 49% of sessions (18 findings), most often as pain, at moderate average severity. On site this pattern is commonly associated with repeated bending, lifting from floor level, and long periods seated or standing without variation. Suggested action: raising loads off floor level, adding lifting aids, and rotating tasks.

MODERATE **Shoulders** P:5 T:8 N:1

Shoulders: recorded in 38% of sessions (14 findings), most often as tension, at moderate average severity. On site this pattern is commonly associated with overhead work, repeated lifting above chest height, and carrying loads on one side. Suggested action: adding mechanical lifting aids for above-chest work and rotating overhead tasks.

MODERATE **Hips / Glutes** P:3 T:0 N:1

Hips / Glutes: recorded in 11% of sessions (4 findings), most often as pain, at moderate average severity. On site this pattern is commonly associated with long periods seated, uneven standing, and repeated climbing or stepping. Suggested action: varying posture between sitting and standing and reviewing seat setup.

MODERATE **Upper Back** P:2 T:2 N:0

Upper Back: recorded in 11% of sessions (4 findings), most often as pain, at moderate average severity. On site this pattern is commonly associated with sustained forward posture and repeated pulling or reaching. Suggested action: reviewing bench and workstation heights and building in movement breaks.

HIGH **Knees** P:3 T:1 N:0

Knees: recorded in 11% of sessions (4 findings), most often as pain, at high average severity. On site this pattern is commonly associated with kneeling, squatting, climbing, and working on hard or uneven ground. Suggested action: kneeling pads, anti-fatigue matting, and reducing time on hard surfaces.

HIGH **Head / Neck** P:2 T:1 N:0

Head / Neck: recorded in 8% of sessions (3 findings), most often as pain, at high average severity. On site this pattern is commonly associated with sustained head-forward posture, screen or cab work, and load carried on the shoulders. Suggested action: reviewing screen and mirror heights and rotating head-down tasks.

MODERATE **Wrists / Hands** P:2 T:0 N:1

Wrists / Hands: recorded in 8% of sessions (3 findings), most often as pain, at moderate average severity. On site this pattern is commonly associated with repetitive gripping, fine hand work, and vibrating tools. Suggested action: checking tool grip and vibration, and rotating repetitive hand tasks.

LOW **Calves / Ankles / Feet** P:1 T:0 N:0

Calves / Ankles / Feet: recorded in 3% of sessions (1 finding), most often as pain, at low average severity. On site this pattern is commonly associated with long hours standing or walking, hard flooring, and uneven ground underfoot.